

Dear colleagues,  
I'd like to open this newsletter with a thanks to our first student that became a member of our association.

This is a very important probe of the beauty of our family.

I would use this energy to push the other NOGTs to write more info about their countries.

In this edition you can find a really interesting interview to *Luis*... and also a very creative work of *Jutka Domokos*!

I would send all our support to *Arpad* and his colleagues for organizing the next conference in 2019 in Budapest, Hungary.

Really thanks – in advance – for the spreading of our newsletter and good movements in our Gestalt World.  
*Michele Cannavò*



## Sections and features in this issue (click the article titles to read more):



### EXECUTIVE COMMITTEE

- Letter from the President.....2-3
- Report from the Treasurer.....4
- Report from the Secretary.....7
- NOGT Officer.....8
- Report from the TSC Committee....9-11

2017 – BUCHAREST, R			
Date	Organization	Meeting	Participants
13-19-2017	IC	Max. 7	
	GB	Max. 20	
	Joint meet	Max. 20	
14-19-2017	GB	Max. 20	
	Joint		
	AGM	Max. 40	

### MEETING ISSUES

- Meeting schedule.....5
- Annual General Meeting.....6



### CHAIRS OF COMMITTEES

- Chair PC&CS Committee.....12
- Chair HR&SR Committee.....13-14



### CREATIVE ZONE

- Similarities and Parallellism between Gestalt and an Irregular research of an Anthropologist (*Carlos Castaneda*).....15-16 – Judit Domokos



### GESTALT PILLS

- *Astrid's Interview*.....17-18 – Astrid Dusendschön interviews *Luis Fernando Camara*



### NEWS FROM COUNTRIES

- Austria.....19
- United Kingdom.....19-20
- Spain.....20
- Switzerland.....21

- New Members.....22
- Photos from General Board Meeting in Zaandam, The Netherlands.....23-24

# Letter from the President

**D**ear friends and colleagues,  
Sitting at my desk here in Vienna, I realise how time is passing quickly. It is already almost two months since we had our regular March meetings in the Netherlands, this time in Zaandam close to Amsterdam. The most important and best news from there is that we all had the immense pleasure to welcome *Marga* back in good health. She was able to be part of the all meetings as usual, well prepared and having all the details needed at hand. *Marga* herself was very well supported by *Wilma*, our new colleague in the office. All of us were very happy to welcome *Wilma* and meet her in person for the first time! I am very confident that we have a highly professional and organised team in our office that takes care of so many different tasks and requests from our members.

As together with *Gianni* also *Jelena* stepped out of her position as Vice President of EAGT we also had to find a person following her. In our EC meeting *Jack van Liesdonk* agreed on taking on the position of the Vice President of our organisation. *Jack* is very professional and very much appreciated in his role as treasurer. He is involved in many tasks within EAGT e.g. for the support of the upcoming Research Conference in Paris regarding financial and scholarship issues. It comes only natural that he will vice-chair our organisation as well to the outside world. It was a



pleasure to attend the EAP meetings in Vienna together with *Jack* and we all are very grateful that he accepted that position. Thank you, *Jack*!

We had a sizeable group of delegates attending the GB meeting in Zaandam at which the first meeting of the “Trainings Institutes Chamber” (TIC) took place. A small group of participants engaged in a lively exchange about the different situations of TIs in various member countries. Learning points for each other were identified, and needs and wishes of the TIs were discussed. The meeting invited and appointed *Eli Borchsenius* from Norway as chair of the TIC. *Eli Borchsenius* has volunteered to chair the TIC for a year and be the representative of TIC for one year in the GB meeting.

Again we invite all EAGT accredited institutes to send a representative to the next TIC-meeting, which will take place during the regular

meetings in March 2018 in the Netherlands. Like for all meetings of committees, all other contact during the year will be per email, Skype or telephone.

Eli, thank you very much for committing yourself to this important task!

During the meetings in 2016 a new working group has been formed emerging from the needs and ideas of the GB members. *Hanna Alen* from Finland, *Arpad Mondok* from Hungary and *Velimir Dugandzic* from Croatia are developing a communication strategy for EAGT with the objective to strengthen the international Gestalt community and to present EAGT and Gestalt therapy in a clear and recognizable way. This communication strategy is aiming to build reputation, awareness and presence for EAGT and Gestalt therapy. A first draft has been presented at the March meeting in Zaandam; the working group is looking forward to discuss their ideas with the wider EAGT community.

Thank you *Hanna*, *Arpad* and *Velimir* for your ideas and work full of energy!

Regarding the new membership for students in EAGT we invite all the TIs and NOGTs to make this new membership known to their students! We have one first application, but we feel the need to circulate this news to our student colleagues more readily to invite them to be part of our European community. We hope

to reach many students and see EAGT grow and being populated by young people with lots of ideas and energy!

Of the manifold activities of EAGT, two important conferences that are taking place at the end of May are rapidly approaching: in Paris, France and in Basel, Switzerland. I am glad to hear that both conferences are very well booked, thanks to the big efforts of the organisers! This shows the strong interest of our community to engage in the topics of research and core competences. Paris will be the centre of Gestalt therapy research, while in Basel the German-speaking colleagues will be exploring the “Core Competences in the Manifold Practice of Gestalt Therapy”. It will be a good opportunity to discuss the document on “Specific Competences of Gestalt therapists” that has been developed in EAGT by the members of the com-

mittee on “Professional Competences and Qualitative Standards” during the past several years, and which still is a work- in-progress.

Last, but certainly not least: With great pleasure I can announce that we have got a proposal from Hungary for the next EAGT conference! This proposal has been gladly accepted by the GB meeting and accordingly ***the 13th EAGT Conference will take place in Budapest from 19th-22nd, Sept. 2019.*** I am very pleased that Hungary has made this proposal as Budapest is not only a wonderful place to stage this meeting but it is also a very close neighbour to Austria!

Our next meetings and AGM will take place in Bucharest, Romania from Sept. 15th to Sept. 17th, 2017.

Based on our previous experience with AGM meetings we want to start an experiment. As many members are not involved directly in the pro-

cess during the year we want to make space for the attendants to make themselves familiar with the items on the agenda. In discussions with members of the GB they will have a chance prior to the meeting itself to gain more insight and information on the topics that are to be decided during the AGM.

We had a few requests to announce the dates for the EAGT meetings and AGMs earlier than from one meeting to the next. For an easier planning of the attendance of the meetings, you will find the next places and dates for the meetings from 2017 to 2020 within this newsletter!

I wish you a joyful spring and summertime and I am looking forward to see many of you in Basel and at the meetings in Bucharest, Romania.

Warm wishes,  
*Beatrix Wimmer*  
EAGT President



*Wilma Trip*



*Marga Berends*

## Report from the Treasurer

Dear members,  
EAGT and finances is not boring. And why that is, I will tell you.

The EAGT decided with support of the General Board in September 2016 to take the financial responsibility for the Gestalt Research Conference end of May in Paris. The risks were too big for the French associations, so there was a need for a financially healthy organization. For the content of the program EAGT was already involved. We made a financial contract with the two French gestalt associations and the AAGT.

Then the conveners and French volunteers did a very good job in promoting this conference. Apparently, there is a great interest in developing Gestalt Research, so before the final date for registering was there, the maximum amount of participants was reached. This means that the financial risks are totally covered, and a beautiful project can be executed.

We received a message, that the EAGT-AAGT-SIPG Taormina conference 2016 had a financial surplus, that is divided over the three organizations, with the goal to use it for a scholarship to support members to join conferences of the EAGT. We will develop a draft with some rules about how to apply and how to decide on giving these scholarships. And whether the scholarship fund is filled and in what way. The draft will

be discussed with the General Board and when it is developed, the AGM can vote about it, as an addition to the bylaws of EAGT.

However, the EC decided to use half of the unexpected surplus of the Taormina conference for scholarships for the Research conference. To deal with the applications for a grant from this fund, a temporary committee is formed, consisting of *Guus Klaren*, *Jan Roubal* and myself. Guus was in the Taormina scholarship committee, Jan Roubal is one of the organizers of the conference. There were a number of applications who were granted. A special decision is made about funding the participation of two Nepali gestalt students, who were legally denied access to Italy for the Taormina conference.

### Overall finances EAGT

The overall finances of the EAGT are OK as we expected. The yearly financial overviews about 2016 are not available yet, but I think it will be alright, concerning that the most important income is from membership fees, and the amount of members is growing. The financial reports will be issued in August, and can be discussed and voted for in September.

### Illness office manager

Unfortunately, *Marga* can't work all the hours she is contracted for. So we employed a second person, *Wil-*

*ma Trip*, to work together with *Marga* and in this way the work for the EAGT goes on. Dutch laws demands the employer to continue the payments during illness of an employee for a certain time.

### EAP finances raising their membership fee

In February *Beatrix Wimmer* and I joined the EAP meetings in Vienna. One of the subjects was the yearly budget and expenses of the EAP organization. The EAP keeps on spending money they don't have in future. Their assets (savings) are diminishing strongly the last years. Instead of being critical about their spending, they want to raise the yearly membership fee. We asked them to make a plan to reduce their expenses and to spend money on those items, the members think they are important. There was a growing interest in the Annual Meeting to support that. During the voting, we did not get the majority to hold this yearly budget for 2017. But more and more members liked the critical vote, and slowly the policy of EAP can be changed in the direction we want it, when EAGT stays member of EAP.

*Jack van Liesdonk*  
Treasurer EAGT

## MEETING SCHEDULE [5/25]

### EAGT Meetings – SCHEDULE OVERVIEW for 2017-2020

#### 2017 – Bucharest, Romania

Date	groupname	Number of persons	time
15-09-2017	EC	Max. 7	13:00 till 17:00 hours
	GB	Max. 35	17:00 till 19.00 hours
	Joint meal	Max. 35	19:30 hours
16-09-2017	GB	Max. 35	09:30 till 12:30 hours
	lunch		12:30 till 13:30 hours
	AGM	Max. 60	13:30 till 17:30 hours
17-09-2017	EC	Max. 7	09:30 till 13:00 hours

#### 2018 – City X, The Netherlands

date	groupname	Number of persons	time
02-03-2018	Research	Max. 7	09:00 till 11:30 hours
	TIC	Max. 35	09:00 till 13:00 hours
	HR&SR	Max.7	11:30 till 14:00 hours
	EC	Max. 7	14:00 till 18:00 hours
	EEC	Max. 5	15:00 till 17:00 hours
	GB	Max. 30	18:00 till 20:00 hours
03-03-2018	GB	Max. 30	09:30 till 12:30 hours
	lunch	Max. 30	12:30 till 14:00 hours
	GB	Max. 30	14:00 till 17:30 hours
	PC&QS	Max. 7	17:45 till 18:15 hours
	TSC	Max. 5	17:45 till 18:15 hours
	PC&QS/TSC	Max. 12	18:15 till 19:45 hours
04-03-2018	EC	Max. 7	09:00 till 13:00 hours
	TSC	Max. 5	13:30 till 16:00 hours

#### 2018 – Budapest, Hungary

Date	groupname	Number of persons	time
05-10-2018	EC	Max. 7	13:00 till 17:00 hours
	GB	Max. 35	17:00 till 19.00 hours
	Joint meal	Max. 35	19:30 hours
06-10-2018	GB	Max. 35	09:30 till 12:30 hours
	lunch		12:30 till 13:30 hours
	AGM	Max. 60	13:30 till 17:30 hours
07-10-2018	EC	Max. 7	09:30 till 13:00 hours

#### 2020 – Zagreb, Croatia

Date	groupname	Number of persons	time
11-09-2020	EC	Max. 7	13:00 till 17:00 hours
	GB	Max. 20	17:00 till 19.00 hours
	Joint meal	Max. 20	19:30 hours
12-09-2020	GB	Max. 20	09:30 till 12:30 hours
	lunch		12:30 till 13:30 hours
	AGM	Max. 50	13:30 till 17:30 hours
13-09-2020	EC	Max. 7	09:30 till 13:00 hours

#### 2019 – City Y, The Netherlands

date	groupname	Number of persons	time
01-03-2019	Research	Max. 7	09:00 till 11:30 hours
	TIC	Max. 35	09:00 till 13:00 hours
	HR&SR	Max.7	11:30 till 14:00 hours
	EC	Max. 7	14:00 till 18:00 hours
	EEC	Max. 5	15:00 till 17:00 hours
	GB	Max. 30	18:00 till 20:00 hours
02-03-2019	GB	Max. 30	09:30 till 12:30 hours
	lunch	Max. 30	12:30 till 14:00 hours
	GB	Max. 30	14:00 till 17:30 hours
	PC&QS	Max. 7	17:45 till 18:15 hours
	TSC	Max. 5	17:45 till 18:15 hours
	PC&QS/TSC	Max. 12	18:15 till 19:45 hours
03-03-2019	EC	Max. 7	09:00 till 13:00 hours
	TSC	Max. 5	13:30 till 16:00 hours

#### 2019 – Budapest, Hungary

Date	groupname	Number of persons	time
16-09-2019	GB		20:00 hours
17-09-2019	EC	Max. 7	09:30 till 12:30 hours
	TSC	Max. 6	13:00 till 15.00 hours
	Research	Max. 7	13:00 till 15.00 hours
	GB	Max. 35	15:00 till 19:30 hours
18-09-2019	AGM	Max. 60	09:00 till 12:30 hours
	GPO	Max. 7	13:00 till 15:00 hours
	HR&SR	Max. 8	13:00 till 15:00 hours
	PC&QS	Max. 8	14:30 till 16:30 hours
19   22-2019	Conference		
22-09-2019	EC	Max. 7	13:30 till 15:30 hours

#### 2020 – City Z, The Netherlands

date	groupname	Number of persons	time
28-02-2020	Research	Max. 7	09:00 till 11:30 hours
	TIC	Max. 35	09:00 till 13:00 hours
	HR&SR	Max.7	11:30 till 14:00 hours
	EC	Max. 7	14:00 till 18:00 hours
	EEC	Max. 5	15:00 till 17:00 hours
	GB	Max. 30	18:00 till 20:00 hours
29-02-2020	GB	Max. 30	09:30 till 12:30 hours
	lunch	Max. 30	12:30 till 14:00 hours
	GB	Max. 30	14:00 till 17:30 hours
	PC&QS	Max. 7	17:45 till 18:15 hours
	TSC	Max. 5	17:45 till 18:15 hours
	PC&QS/TSC	Max. 12	18:15 till 19:45 hours
01-03-2020	EC	Max. 7	09:00 till 13:00 hours
	TSC	Max. 5	13:30 till 16:00 hours

## ANNUAL GENERAL MEETING

[6/25]

**D**ear EAGT member,  
With this letter we invite you to the Annual General Meeting for members. This meeting will be held at September 16th, 2017 (from 13:30 till 17:30) at hotel Marshall Garden, 50B Dorobantilor Blvd., District1, Bucharest, Romania.

Hereafter follows the agenda:

**1. Welcome.**

**2. Minutes of last meeting (Taormina)\*;**

**3. Matters arising;**

**4. Reports of:**

- a. President;
- b. External Relations & NOGTs officer;
- c. Treasurer (incl. budget 2018\*);
- d. Secretary;
- e. Chair of TSC;
- f. Chair GPO;

**5. Reports from Committees:**

- a. Ethics committee;
- b. Human Rights & Social Responsibility (HS&SR);
- c. Education & Children;
- d. Professional Competences & Qualitative Standards (PC&QS) committee;
- e. Research Committee;
- f. Complaint committee;

**6. Voting on:**

- a. Adjustment in bylaws\*;  
page 12+13;
- b. Adjustment Statutes\*;
- c. Revision handbook GPO\*;
- d. Adjustment in GPO application form\*;
- e. Revision Ethical code\*;
- f. Revision training standards paper\*;
- g. Election of chair ethics committee;
- h. Re-election member of ethics committee;
- i. Re-election member of training standards committee;
- j. Re-election 3 members of GPO committee

**7. All Other Business;**

**8. Date and place of next AGM will be: *October 6th, 2018, Budapest, Hungary.***

We look forward to meeting you in Bucharest!

With best wishes,  
*Marga Berends*  
Office Manager on behalf of the Executive Committee

**Note:** The documentation on the topics marked with an \* will soon be available as downloaded on our website

<http://www.eagt.org/joomla/index.php/2016-02-25-22-21-51/2016-02-26-17-04-16/general-information>

If you will attend the AGM we request you to print and bring the attachments with you to the AGM. We appreciate your cooperation in this matter!

## Report from the Secretary

**D**ear friends,  
It's a pleasure for me to share with you my work and I hope something of news as secretary. In this last period I scrutinized a lot of applications so I think its important to share with you "the numbers".

NEW FULL MEMBERS: 23  
RE-REGISTRATION: 15  
SUPERVISOR: 8

I think it is good news for us to see how the number of Supervisors is improved, and this is a great outcome of TI's that worked very hard



to create an "accredited supervisor training". It could improve - for sure

- our "voice" and "EAGT culture" in the world. I would like to say thanks to our first student which has become ASM. This is the evidence of the curiosity and need of belonging in the new generation within our association.

I would like to say thanks as usual to *Marga* and *Wilma*, for their incredible work in association with me.

Enjoy your time and your connection, dear colleagues and friends.

*Michele Cannavò*  
Secretary



## Report from NOGT Officer

**D**ear colleagues and friends,  
Let's share some good news. In February Norway has successfully completed the NOGT re-accreditation process – CONGRATULATIONS!

We are still waiting to receive documents from the Netherlands, Italy, Romania, U.K. and Spain. I hope that we will be able to work on these successfully together.

I'm excited about the coming conference in Paris in 2017 "Exploring Practice-based Research in Gestalt Therapy". It will be a great space for



meeting, learning and experiencing. Hopefully we will hear more good news from France soon.

And last but not least our colleagues from Hungary stepped forward and proposed to organize the EAGT conference in 2019! In March we had a chance to learn more about this exciting idea during our semi-annual General Board meeting.

In the end, as a NOGT officer I wish you great summer. Live a great experience!

Warmly

*Renata Mizerska*





### Report from Training Standards Committee

**D**uring the last week, we celebrated Easter and Pesach, two feasts that symbolize a fresh beginnings, awakenings, thriving. Nature is showing off with colorful flowers in full bloom, totally indifferent to man-made hazards and threats, and to the misery that they bring along. The world around us is shaky and seems to be in need of a re-start, to find a new equilibrium. Standards can help to bring some order into a chaotic ground, and stabilize it... This was a flash of thought that crossed my mind when I tried to answer myself how our work at TSC is still important and relevant in this unruly environment that we share, on our global Village.

At present, TSC is regularly coaching young institutes, mainly in the Eastern countries of Europe who are in different stages of setting up training programs. We are at present in frequent contact with about 10 institutes and regard it our privilege to serve as a source of guidance and information for their initial stages of planning their development, and structuring their programs on the basis of EAGT's principles and standards.

At the same time, we are lately witnessing an interesting phenomenon, namely, veteran, well-established institutes who are showing growing interest in becoming part of the European community of Gestalt, rather than keeping a sort of seclusion which had probably, suited



them up till now. It may be a reaction stimulated by the experience of the Taormina conference. It may be a way to define the unique professional identity in front of various developments and tendencies in the field of psychotherapy. It may be the novel body of knowledge that has emerged

thanks to the bountiful literature in the sphere of psychopathology in Gestalt therapy, and the growing interest in research. It may be any of these or the culmination of all. In any case – we welcome any institutes that choose to join us whether by going through the process of accredita-

tion or by manifesting their belonging by becoming associate members.

This is especially crucial where social/political indifference (such as no regulation, no legal mandate, no official acknowledgment), assemblies with populism (shorter training periods, easier admission requirements, etc.), and with financial interests (competition, insurance fees, etc.) – our Ethical principles may be threatened. It seems that more institutes see the benefits that come with belonging to the EAGT community which means, among other things, a sound common denominator and clear professional boundaries.

It is in this spirit that we present to you the revision of the training standards that will be found soon on the web: “*Who Are We – Training Standards committee*”.

Besides the updated TRAINING STANDARD, this document encompasses information concerning :

- The definition and structure of training institutes.
- Who is a trainer.
- Who is a supervisor.
- The structure and content of training programs for supervisors
- Appendix I,II,III,IV
- The process of accreditation of institutes
- The process of re-accreditation of institutes.

**Apart from being** an updated, simplified, clarified version this revision includes also some new items that have been discussed among us and need now to be officially voted by the AGM, coming September. (see below: *Suggestions for statute changes*).

One major element that is important for us to underline is its corresponding with the PC&QS catalogue which is a complementary aspect of the concept of training. We believe

that in terms of improving training methods our challenge for the future lies in integrating the qualitative and quantitative standards and make them one. This will still take a lot of work and together with PC&QS we plan to find ways to enhance this approach.

We urge you to read and send your comments or suggestions before August 15, 2017 so we have time to prepare them for discussion at the AGM.

Thank you in advance for your contributions, have a good, safe summer, and see you in Bucharest.

Yours,  
*Silvia, Ester, Olaf, Dick, Nurith*

### **Suggestions for statute changes, regarding Training Standards**

Instead of old text:

2.10 There is a list of recommended Gestalt therapists for personal therapy  
Will become new text:

*2.10. There is a list of recommended Gestalt therapists for personal therapy all of whom are full members of EAGT and/or the NOGT.*

Instead of old text :

2.11. There is a list of recommended supervisors

Will become new text:

*2.11. There is a list of recommended supervisors all of whom are full members of EAGT and/or the NOGT.*

### **B. ELIGIBILITY** (terms of admission)

Newly added:

*A TI may, for specific reasons, decide to accept candidates who do not meet these criteria. In such cases the candidates have to take additional courses either before or parallel to the first year of training, in an academic (or equivalent) setting, including final requirements such as submitting a written paper or pass-*

*ing an oral examination, etc.*

Recommended courses are:

Developmental psychology (two semesters) according to the minutes it is not clear how long a semester is, please add this here

*Theories of personality (one semester)*  
*Psychopathology (one semester) etc.*

### **C. THEORETICAL COURSES**

Newly added:

*Topic 11: RESEARCH IN GESTALT*  
*Current trends of research methods in Gestalt practice, Quantitative/qualitative methods, Comparative methods, case studies, self-report methods and an application of a small sample of research.*

### **D. supervision/ Skype supervision**

Instead of old text :

*8.2. To ensure continuity and the developmental process each trainee needs to stay with the same trainer for a year or at least one year for 50 sessions.\**

*See below also 8.9.3.*

*8.9.3. At least 20 skype meetings with the same supervisor to ensure continuity.*

Will become new text:

*8.9.3. At least 30 hours in both cases.*

### **E. Skype therapy**

Newly added

*10.7.2. Skype therapy will not exceed 150 of the 250 required hours.*

*The specific balance between regular face-to-face and skype therapy will be tailored for each trainee according to his/her needs and possibilities.*

*10.7.4. There needs to be a clear contract between therapist and trainee that will cover regular items such as: payment, cancellation policy, mutual evaluation and feedback process, confidentiality and privacy regulations, etc .*

**F. Supervision Training Program**

Instead of old text :

The trainers and supervisors are experienced supervisors with at least 5 years experience as supervisors of psychotherapists and/or trainees.

Will become new text:

*They need to be accredited OM of EAGT / EAP /or member of an accredited NOGT for at least eight years.*

Instead of old text :

They need to be staff members of a training institute for at least three

years.

Will become new text:

*They need to be staff members of a training institute for at least five years.*

Newly added:

*They need to submit recommendations from at least two accredited EAGT members who know their work as supervisors from first experience.*

*The training program for supervisors lasts at least 18 months during which trainees meet at least three times for intensive that include:*

Instead of old text :

at least 50 hours of theory of Gestalt approach to supervision.

Will become new text:

*at least 75 hours of theory of Gestalt approach to supervision.*

Instead of old text :

at least 25 hours of hyper-vision (supervision on supervision) in individual or group setting.

Will become new text:

*at least 50 hours of hyper-vision (supervision on supervision) in individual or group setting.*



# Chair PC&CS Committee

Dear Colleagues,  
Finalising one cycle of experience, after 6 years of its existence and work, our Committee for Professional Competences and Qualitative Standards (PC&QS) has to integrate gained experience and to re-think about its mission, strategy and activities for the next 3-4 years. Defining competencies of a psychotherapist is an effort to go further into the “what and how” issues of psychotherapy training and practice. Our aim is to provide a specific gestalt competences framework that could support therapists, trainers and students to effectively bridge Gestalt theory and practice, as well as to contribute to promotion of our professional identity of gestalt psychotherapists.

In the previous period PC&QS Committee members were active in presenting the Document on *Specific Competences of Gestalt Therapists* and in having a dialogue around the document in our Gestalt community, particularly among Training Institutes (TIs) and National Organisations of Gestalt therapists (NOGTs).

We presented our activities on EAGT General Board meeting, and met and welcomed TIs representatives on the initial Training Institutes Chamber (TIC) meeting in Zaandam in March 2017. We have planned to join TIC meetings in the future to get opportunities for a mutual exchange:



we would like to hear how different TIs teach and assess competences of their students and graduates in their training program and we hope to facilitate an exchange of examples on good practice. Also, we would like to offer inspirations for introducing and developing some particular competences and addressing topics such as research, social responsibility, ethics, etc. in psychotherapy training on the graduate and post-graduate levels. Finally, we had a joint meeting with *Training Standard Committee* to explore could we cooperate in the future.

Closer connections have been made with some NOGTs and we got involved in their national gestalt conferences to present the overall idea of

the professional competencies and the document on Specific Competences of Gestalt Therapists.

When IVGT (Institut pro výcvik v Gestalt terapii (IVGT) o.p.s.) organised a very fruitful and stimulating 5th Česka konference gestalt psicho-terapie, in Sač, 24-27th March, *Ivana Vidakovic*, *Jan Roubal* and *Daan van Baalen* gave a plenary presentation providing an overview of the EAP and EAGT projects on Professional Competences of Psychotherapists, sharing personal reasons for engagement in this initiative, offering our perspective of the usefulness of competencies for Gestalt therapists, and inviting comments and reflections from the audience.

In May, 26-28th, *Beatrix Wimmer* is going to give an opening speech on the 5th “D-A-CH”<sup>1</sup> Conference in Basel, CH, dedicated to the topic of “Core Competences in the Diverse Practice of Gestalt Therapy”.

We would like to invite all of you, therapists, trainers and students, to recognise your competences related practice and possible dilemmas, and to get in contact with us if you would like to share these or to explore and hear more about them.

On behalf of the PC&QS committee  
Sincerely,  
*Ivana Vidakovic*

<sup>1</sup> D-A-CH [Germany (D), Austria (A), Switzerland (CH)]

## The Field of Human Rights for the Mental Health Professional

I started writing shaken by a supervision session with E., a social worker employed in a shelter for migrants unaccompanied minors.

He is a young social worker and this is his second work place.

He works on shifts in a facility that accommodates 60 (sixty!) young boys. Sometimes there are only two workers on the shift. There is no security. The building is a stand-alone one, out of the city borders and far from anything. The beneficiaries are not necessarily teenagers in reality (on paper they are). There are no clear rules for the beneficiaries.

The organization that has employed E. provided him with no specific training, nor regular staff meetings or supervision. His job description is very general and is described as “provide social care and assistance”.

E. is a case manager for 10 beneficiaries and during each shift he carries responsibility for all 60 tenants. Those young men have now been waiting several months for their legal issues to be resolved, one way or the other. They are stuck in the shelter, bored, impatient and angry. Their creative adjustment is often a manifestation of aggressive behavior – towards themselves, the co-inhabitants, the shelter equipment and the personnel.

There are no consequences from the shelter management for their



dangerous behavior.

No matter what happens (so far) unaccompanied minors are all allowed to stay.

People have hurt themselves, equipment has been destroyed, one member of the personnel was beaten. Reports have been filed. Still no boundaries.

E. feels often helpless and insecure. I am concerned for his safety. I check the procedure for calling the police when something happens. The “protocol” is: “Grab your bag and leave”.

Still, he is not afraid for his safety. This is a job he really wanted – working with teenagers in a shelter.

He has managed to establish good relations with some of the boys – “the kids” he calls them. Sometimes when they arrive at the destination country, they send him messages. Some of

them from far away. I guess there is no pay for this kind of bond. He admires their resilience. And I admire his.

In this context what shocks me is about what he is really scared of: “being unemployed again”. This is his real fear. It seems so irrational and secondary to me, comparing to facing anger every day and being unprotected. This scenario keeps repeating itself every three months. Sometimes every six months. The fear is always in the background. The closer to the expiration date of the work contract, the more figural it becomes. This contributes a lot to feeling insecure, helpless and sometimes just passively letting things happen.

So E. works in a social field, in very difficult condition with challenging populations /young men, many of them traumatized with multiple losses, angry, homeless, dislocated, without a supportive ground. He becomes the support ground for his beneficiaries and is himself not supported. Where are his rights? As a professional, a caregiver, an employee? And as a person for that matter that should have the right to feel safe going to work.

There is a parallel process between the beneficiaries and the professionals. Both groups waiting, insecure, looking for safety, adjusting the best way they can to survive.

E. is unfortunately not a stand-

alone case. NGOs working mainly on projects mode do not provide sufficient support and surely there is no continuance in it.

As a member of the Human Rights Committee I would like to be able to offer that support. The Committee also works with projects – more structured and better prepared. I can see based on this single case how important it is, to offer continuance in supporting professionals. Even if it is not always possible. Like in PBI

(*Peace Brigades International*) and Lesvos. Other times it is possible – like in the Ukraine project. Many professionals do not reach for help. Asking for support is still not considered a part of the job, but E. and many others also have rights. As professionals they have the right to be heard, seen and their work to be validated. As human beings – to be safe.

Supporting social and field work is for me a movement toward the Other. Intentional and genuine. By

supporting we give and take as well. I would like this writing to be an invitation to reach for support. Like E. did. Responding to a call is a job of the *Human Rights and Social Responsibility Committee*.

It can be co-created. It is interrelated. It requires commitment and presence. “Even if we work only with a small number of people”. (L. Perls).

*Joanna Kato*

Gestalt therapist, supervisor  
kato.joan@gmail.com



## Similarities and Parallellism Between Gestalt and an Irregular Research of an Anthropologist

In his book *Creative Process in Gestalt Therapy* Joseph Zinker dedicates a whole chapter to *Carlos Castaneda*, or rather a method with which we can intensify our perception that Castaneda acquired in Mexico. In this article I bring some fascinating thought into relief that shows parity between Gestalt and teachings of Castaneda – or *Don Juan*.

Carlos Castaneda was an anthropologist, who was born in Peru. He taught in *University of California* and became a researcher of herbs, virtuous plants, hallucinogenic and habits of the Mexican native tribes. He was a close friend of *Claudio Naranjo*, a Chilean psychiatrist. Naranjo was one of the first that researched the effects of hallucinogenic plants in psychotherapy, took part to organize the first psychedelic therapy group and became an apprentice of *Fritz Perls*. He also became part of the early Esalen Institute Community. He worked in the Mexican University of Gestalt and later in Chile where he carried out psychopharmacological researches. He became one of three successors of Gestalt after he had moved to Canada. So there was a straight and direct contact between Castaneda and the rising Gestalt. Castaneda himself doesn't mention this, but the knowledge of the 'Indian magician' could have been the paraphrase of Gestalt, toned with ethnographical facts and stories. He always refers to *Don Juan Matus*

who, as a person, we don't know if he existed or not. No one ever took photos of him. He was the last member of the Yaqui tribe.

In the work of Zinker, the title of the tenth chapter is: "Castanedian Vision". In this case, the 'vision' means capability to see, clairvoyance, more than fantasy-vision. In this chapter he explains how this 'vision' works in the therapeutic practice. "I share my thoughts about this sort of vision more as a hope for ascending, inspiring experiences in psychotherapy, than as a presentation of well-tested experiences and meticulously formulated ideas." (Zinker, 1978).

Zinker explains well how he uses the two forms of looking – 'gazing' and 'lasered' focusing and the spontaneous reflection for the statement of the client that Carlos Castaneda had learnt from the Indian magician, don Juan.

Here I enter into explanation of what 'wizardry' means: "Wizardry doesn't stem from incantation or from hocus-pocus, rather it means freedom to sense not only the implicit world but everything, that is possible for human being." (Castaneda, 1987).

Zinker describes a case when he saw his client as somebody who can kill without vacillating (Zinker, 1978). When he told this to his client, she had bespoken that she had been fantasizing about it all the time.

"All I need is to let go of my cause/effect thinking and let myself

hang loose. Eyes have their own wisdom." (Zinker, 1978). And Castaneda speaks as he heard from don Juan: "The warriors do as much as they can, and then let themselves hang loose without pang of conscience or regret. The best way of thinking is if the man doesn't think at all." (Castaneda, 1987).

There is another method, "*Here and now therapy in practice*", as Fritz Perls calls it, a very important part of the development. In the Castanedian phrasing: "On becoming a warrior from average man". The essence of both methods is to get rid of those feelings which are interruptive and draw us back to the past. But how? "He has to live with these interruptive feelings and adopt them, which are in most cases, sadness. But sometimes we can see marks of triumph, sense of guilt or anything else. It is not enough to wake memories of the past, one has to go back psychodramatically. As the speech about us balks us to live ourselves, (resistance against it) a memory of an experience (if we ONLY speak about it) becomes isolated, as an alluvium of the past which is not alive. Like Pompei." (Perls, 1978).

I have experiences where a client had warm emotional reactions as he brought up memories. The therapist always reminded him to breathe.

In the system of Castaneda he calls this method: Summation. Who decides this has to do with solitariness. He has to let the memory come

out with all its characteristics. He has to ring up all the colors, temperature, smells and senses of touch more preciously. When he is 'there' in that moment of his life where the lock is, he has to turn his head from right to left and has to breathe deeply. He continues this until the disturbing feelings disappear. "The expiration pushes out the 'stranger' energy and when we let air go into our lung, we pull back the energy." (Castaneda, 1993). "The power of summation is that it stirs up and dredges up the mess of our life." (Castaneda, 1998).

Castaneda writes his own experience: "My body was shaking. I felt sick. I don't want to say it was 'like' I was there in the memory because it is not true. I WAS there in the experience." (Castaneda, 1998).

The summation was excruciating for Castaneda: "I have to say that I felt it doesn't have a sense. The summation that don Juan forced me to do seemed to be useless. It was like an everyday housework. I became tired immediately, didn't show me anything, except my incapacity for concentration." (Castaneda, 1998). But finally he became warrior this way. He cut the energy-strings that bound him to the past.

Fritz Perls writes about the 'Here and now' therapy with these words: "We ask our patients to experience again their problems and traumas – those are unfinished things in the present – here and now. Be aware of their gestures, their breath, feelings, voice, facial aspect and serious thoughts also. If they want to participate in the present, if they want to take the first step in the creative life then they have to learn to drive their own energy – to concentrate." (Perls, 1978).

The third issue is the 'Paradoxical Theory of Change'. This appears in the Castanedian thinking: "We don't need to teach us wizardry because there is nothing to learn. We need

somebody to convince us that there is an invaluable power around us. What a peculiar paradox! The warriors going on the way of knowledge believes that they learn wizardry but they only let them be convinced, that there is force in their own person and they can reach it." (Castaneda, 1987). There is a similarity to this idea in *Arnold Beisser's* work about change. The therapist doesn't want to create a hierarchical situation, not even like a teacher and the student. He doesn't want to correct, repair or make up, but simply supports his client in this process where the client can be who he is, and uses the power that is in himself: "The Gestalt therapist rejects the role of "changer", for his strategy is to encourage, even insist, that the patient BE where and what he IS." (Beisser, 1970).

And finally about the judgement. A conversation between Castaneda and don Juan:

– The warriors are not complaining, said don Juan. Everything is a challenge that the infinity gives to them. A challenge is a challenge. Not personal. It is not possible to see it as a curse or blessing.

I told him that it's easy to say but "to achieve", is more difficult – my hardships are "insolvables" because the other people are not able to be consistent.

– Do not blame the people around you. They can't help themselves. The error is in you, because you tend to judge them. This is the challenge for you: accept them the way they are.

– This time, you are wrong, don Juan. Believe me, I am not interested in judgement of them.

– You don't follow what I tell you. If you are not aware of your intention to judge them then you are in worse state than I thought. (Castaneda, 1998).

The draw of Gestalt therapy and characteristic that during therapy, the therapist avoids the analysis and

the interpretation, especially that the "judgement" should not appear even on the level of intention. The therapist knows that this stops the client's development. The "judgement" and the "qualification" close the person in a box and this way, the client loses his own solution and becomes stuck in communication with the therapist. The account of the internal and external data and the simple, spontaneous communication drives to a valuable contact where the client and the therapist support each other and reach an expansive perception.

Those are only examples from the ten-volume work of Castaneda and the Gestalt parallels. Further observation can be the other topics, like contact forms, awareness, and the phenomenological view.

In this way Gestalt has a big effect on the 'New Age' generation through millions of followers of Castaneda. But the methods that he defined has also an effect 'backward' as we can read in Zinker's book.

Judit Domokos, Hungary

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## Astrid's Interview / Astrid Dusendschön

**D**ear Luis Fernando Camara, I am happy to welcome you in «the interview» section of this EAGT's Spring 2017 newsletter issue.

The aim of the section is to have a space in our newsletter to allow members of EAGT to share about who they are, their practice, activities, their links to EAGT, ... in order to support creating ties, curiosity to go towards and discover the people who form our EAGT community.

We met at the EAGT General Board meeting in Amsterdam in March 2017. You announced there that after many years of contributing as the Spanish representative, you were retiring. For the ones like me who have not had the opportunity to meet you more, I thus wished to interview you.



Luis Fernando Camara

**T**o be the father of three children and to have passed through several relationships of couple gives me the perspective of the unconscious that I have been in the past and the long way to know me and to know the others.

### How did I become interested in Gestalt Therapy?

My professional path starts in medicine. As a naturopathic doctor I became interested in psychotherapy because I could not understand that

people with serious illnesses could not follow certain diet and lifestyle change recommendations. I realized that their habits were the ones that gave meaning to his life.

The choice of Gestalt Therapy as a path was random. I realized immediately that I needed a process of healing and awareness myself, and so psychotherapy has been the passion of my life.

### My practice

My 20 years together with Dr. Claudio Naranjo have been the most notable influence in the professional and in my GT practice. His profound work on the Enneagram – character classification in nine types – made me understand the different ways of seeing life, the others and ourselves that we have. This, along with 20 years of *Hoffman Process workshops* – a 7 day residential project to harmonize children's relationships with the parents of childhood and recover their love for them – has led me to the synthesis that today occupies my professional practice and my research: What I call *Relationship*

*Patterns*. Patterns that are activated at all times in the relationship with the environment, which are rigid and compulsive models of the past and which need to be consciously updated to allow Organismic Self-Regulation to complete the Gestalt that were prevented from completing in the past.

The abandonment to this organismic wisdom and the change that is produced is the experience that wonder me again and again; seeing how someone in an hour can see the world and its relationships in a new and surprising way, when it was hypnotized by the mirage of the past.

### The EAGT

My stay in the meetings of the GB of the EAGT I live as a huge gift. To meet wonderful people from so many places in Europe as well as developments and enthusiastic projects that have taught me a lot. I think the GT in Spain is somewhat inbred and limited by the approach to it of Claudio Naranjo, which I consider to be profound and valid but not complete. In my European years is growing in me the desire that the Spanish gestaltist know the Europeans and to incorporate to a current so rich in knowledge and vitality.

### What I didn't want others to see of me

What I hid most at the beginning of my professional career was my shame of not knowing. So much so

that I dared not supervise for having the fantasy that my supervisor embarrassed me in my pretensions to help someone. I believe that the lack of structure of the training in GT that I received propitiated this insecurity.

Ah! And of hobbies, no doubt the best, stay on holidays with my children. I love too walk through nature and dance freely without rules or goals.

#### **And now?**

The death of my mother last year and my two closest friends puts me

in front of a search for meaning that has nothing to do with feeling in harmony with my surroundings. That desirable adjustment that can give the therapy for some happiness is insufficient. The spiritual dimension of life requires another path for which therapy can be a good basis but not an end.

Therapy has taught me a lot about how I am psychologically, but not who I am. The answer to that question belongs to the spiritual realm.

Thank you Astrid for sharing this space!

If anyone wants to contact me I will be happy to exchange with them and they can do it on:

[luisfer@institutohoffman.com](mailto:luisfer@institutohoffman.com)

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Thank you very much Luis for your accepting this exercise and for the subtleness and offer to contacting you.

*Astrid Dusendschön*

April 2017



### NEWS FROM COUNTRIES

[19/25]

#### AUSTRIA

Bernhard Thosold  
OEVG



Dear friends,  
This is the news from Austria!

Hurray! The German edition of „*Gestalt Therapy in Clinical Practice*“ has been published recently and we are very thankful to all people involved! The publication in German language supports the dissemination of this important book in Gestalt Therapy within the German-speaking community of Gestalt Therapists in Germany, Austria and Switzerland.

By the way, there is a peer group in Vienna reading and discussing various chapters of the book. The event is called „*Gestalt Forum*“, meeting once a month in the private practice of a colleague.

One of the editors, *Michela Gecele*, will give a workshop for the OEVG on „*Gestalt Therapy in Mul-*

*ticultural Contexts*“ in October 2017. We are looking forward to welcoming Michela in Vienna!

Once more I want to bring the *D-A-CH- Conference* in Basel, Switzerland from May, 26th-28th, 2017 to your attention. The topic is „*Core Competences of the Manifold Practice of Gestalt Therapy*“. You will find all the information at: [www.d-ach-tagung-basel-2017.de](http://www.d-ach-tagung-basel-2017.de)

Regarding professional politics in Austria, the OEVG has initiated a first meeting with the Training Institutes of Austria last November. The atmosphere in this first meeting was promising and we will have a second meeting in May 2017 to further the common ground of Gestalt Therapists in Austria.

In addition, the OEVG is discussing the possibility of a new membership for trainees. This is meant to be a support for young colleagues to get in contact with graduated colleagues, with OEVG as NOGT, and with EAGT.

We are looking forward to the next EAGT conference in Budapest and we are convinced that many Austrian colleagues will join the conference, not only because EAGT conferences have become popular with Austrian colleagues, but also the location is very close to Vienna.

We want to finish our report with some news on OEVG leisure time: as you might know by now, OEVG has a tradition to do a trip together once a year. Last year we explored the so called „desert“ close to Vienna. This time we will travel to Mikulov in Czech Republic in May. Mikulov is

situated very close to the northern border of Austria. This small town has very nice old center with a castle, church and the remains of a formerly big and thriving Jewish community.

Best wishes for a wonderful summer!

See you in Bucharest,  
*Bernhard Thosold, OEVG*

#### BIO:

*Bernhard Thosold is representative of Austrian NOGT OEVG (Austrian Association for Gestalttherapy).*

*Born 1959 in Graz, Austria.*

*Social worker, living and working in Vienna as Gestalt therapist in private practice, being member of the Executive Committee of an association dealing with substance misusers.*

#### UNITED KINGDOM

Jacqui Lichtenstern  
UKAGP Chair



#### Joint Membership

The UKAGP Organising Committee published an opinion piece in our recent newsletter called

'EAGT - To Join or Not to Join?' You may be interested to read it here: <http://ukagp.org.uk/eagt-to-join-or-not-to-join>

Since then we have had positive responses from members registering their interest to join EAGT, and a moving letter from a colleague living and working in Brussels about her experience post the referendum process. We hope to work with EAGT to build on the support expressed at the General Board meeting in March, to create a practical opportunity for Joint Membership.

### Conference

We are delighted that tickets are selling well for our summer residential conference: *'Celebrating Our Community'* marking the 25th anniversary of the British Gestalt Journal, and invite you to join us if possible. We have two short interviews available to watch which explore writers *Lynne Jacobs'* and *Peter Philipsson's* thoughts and feelings about their contribution to the innovative idea of bringing their ideas and writing from the BGJ as a focus for exploration at the conference. You can watch these here: <http://ukagp.org.uk/lynne-jacobs-interview> and here: <http://ukagp.org.uk/peter-philipsson-interview>

### Change

On a personal note, this conference will also be the time that I stand down from the UKAGP Organising Committee, having served the maximum of two 3 year terms. It has been a challenge and certainly pushed at my growing edge, but with this comes learning, growth and new collegiate relationships, which I fully appreciate. My role as NOGT Representative will therefore be passed on to the new Chair; the current Vice Chair,

*Belinda Harris*, whose rich and creative professional experience and expertise will, I know, be welcome in the General Board. I however, will deeply miss the biannual opportunity to meet with my EAGT colleagues; the memory of rich discussions, hard work, uplifting dialogue and most of all, deep authentic contact and connection will certainly stay with me. I feel closely linked with Gestalt practitioners across the continent, and these threads feel strong and full of possibility for the future, which as the granddaughter of refugees from mainland Europe has poignant personal meaning for me.

## SPAIN

David Picó  
AETG



The Spanish Association of Gestalt Therapy (AETG) has been intensely engaged in the organisation of the 3rd National Conference of Gestalt that will take place (or did take place, by the time this newsletter is published) from April 29 to May 1, 2017 in the Andalusian city of Malaga. The conference's title is *"Compartiendo inquietudes"* that can be translated as "Sharing interests" and it will have made an emphasis on social issues

and how Gestalt therapy can respond to the increasingly challenging requirements of an increasingly complex world. The conference will gather Gestalt therapists from Spain and other Spanish-speaking countries. There will be participants from other countries, such as *Malcolm Parlett* from the UK who will be the plenary speaker, and from other therapy models such as psychoanalysis.

AETG will also hold its annual assembly of members in which the different committees will expose the activity developed during the past year. In particular, the board of directors has been working to create more bonds to other Spanish psychotherapy associations and federations, and to facilitate the AETG members' connection with them.

### BIO:

David Picó Vila is a Gestalt therapist and psychologist from Valencia, Spain. He is a member of several GT associations including AEGT, EAGT, NYIGT, AAGT and APTGD. He works in private practice in Valencia. He is a piano player and singer and has a special interest in working therapeutically with all issues related to expression. He has a PhD in Computer Science, in the area of Machine Translation, and combines his work as a therapist with an activity as a web designer in his own company and as a university lecturer. He is one of the founders of *Gestaltnet.net*, the currently largest online resource in Spanish about Gestalt therapy.

## SWITZERLAND

Urs Stauffer  
SVG



The Swiss NOGT (SVG) has held its annual meeting on March 25 in Basel and has elected a new member to the board, *Beate Willauer*, a Gestalt practitioner in organizations. Together with some new members from that field, there is a growing number of GPO (Gestalt Practitioner in Organizations) in our association which might hopefully put an end to the diminishing num-

ber of members in the last few years, due to many colleagues' retirement. We hope that this gives good impulses for our small organisation and makes our community more diverse and colourful!

The main event of this year is of course the German speaking Gestalt Conference (*D-A-CH-Tagung*) which will take place in Basel from May 26 to 28. It is organized jointly with the German and Austrian NOGTs and is held every three years in one of the three countries. The topic is: Core competences in various fields of Gestalt Therapy. The conference registrations have so far nearly reached the maximum capacity of 250 attendants and there are only a few places left. For more information:

<http://www.d-a-ch-tagung-basel-2017.de>

Last year SVG organized a very successful workshop on Depression and Gestalt Therapy, held by Gianni Francesetti and Dieter Bongers, that took place in December 2016 in Zurich. The workshop was a good opportunity to reach out to profession-

als from other therapeutic modalities and apart from the lively and fruitful discussions it was also a way for newcomers to get to know our association and some of them decided to join us.

This year another workshop of international cooperation is planned. It is held by *Margherita Spagnuolo Lobb* and *Niklaus Brantschen* and the title is: *Gestalt and Zen – Nurturing a sense of belonging in a desensitised world*. It will take place from Sep 16 to 20, 2017 in Bad Schönbrunn, Switzerland.

For more information:

<http://www.gestalttherapie.ch/category/seminare-workshops> and <http://www.gestalt-zen.org>

We hope that these activities will further enhance the contact among our community and we look forward to an interesting year.

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*BIO:*

Urs Stauffer is the representative of the Swiss NOGT in the General Board of EAGT. He lives and works as a Gestalt therapist in Zurich, Switzerland.



**EAGT MEMBERSHIP**

[22/25]

**New Members from January, 2017**

<i>Aristotelis Karampatzias</i>	<i>Greece</i>	<i>OM</i>
<i>Agata Urbanowicz</i>	<i>Poland</i>	<i>OM</i>
<i>Roberta Melis</i>	<i>Italy</i>	<i>OM</i>
<i>Jean Arthur</i>	<i>The Netherlands</i>	<i>OM</i>
<i>Mieke Koerts-Tichelaar</i>	<i>The Netherlands</i>	<i>OM</i>
<i>Helmut Moelands</i>	<i>The Netherlands</i>	<i>OM</i>
<i>Jean Verstraete</i>	<i>Belgium</i>	<i>OM</i>
<i>Mia van der Veken</i>	<i>Belgium</i>	<i>OM</i>
<i>Anja Plum</i>	<i>Belgium</i>	<i>OM</i>
<i>Ernst Mayerl</i>	<i>Austria</i>	<i>OM</i>
<i>Brankica Saljic Milenkovic</i>	<i>Serbia</i>	<i>OM</i>
<i>Rani Reissmüller</i>	<i>Sweden</i>	<i>OM</i>
<i>Ilya Berezin</i>	<i>Russia</i>	<i>OM</i>
<i>David PicóVila</i>	<i>Spain</i>	<i>OM</i>
<i>Aidana Lygnugaryte-Griksiene</i>	<i>Lithuania</i>	<i>OM</i>
<i>Alexa Boulet Pouillaude</i>	<i>Switzerland</i>	<i>OM</i>
<i>Rosanna Biasi</i>	<i>Italy</i>	<i>OM</i>
<i>Audrone Kerpaite</i>	<i>Lithuania</i>	<i>OM</i>
<i>Irina Grenenfeld</i>	<i>Russia</i>	<i>OM</i>
<i>Wil Meeus</i>	<i>Belgium</i>	<i>ASM</i>
<i>Katarzyna Anna Kolczyńska</i>	<i>Germany</i>	<i>OM</i>
<i>Judith Achi-Dror</i>	<i>Israel</i>	<i>OM</i>
<i>Mariëlle Stroes</i>	<i>The Netherlands</i>	<i>OM</i>
<i>Katrien Vandermarcke</i>	<i>Belgium</i>	<i>OM</i>
<i>Pääsky Halttunen</i>	<i>Finland</i>	<i>OM</i>
<i>Tomáš Přikryl</i>	<i>Czech Republic</i>	<i>OM</i>
<i>Deria Hernet</i>	<i>Poland</i>	<i>OM</i>
<i>Ewa Matlosz-Mamak</i>	<i>Poland</i>	<i>OM</i>

**New accredited Supervisors**

<i>Dia Bozsogi</i>	<i>Hungary</i>
<i>Judit Bence</i>	<i>Hungary</i>
<i>Judit Toth</i>	<i>Hungary</i>
<i>Rita Jokay</i>	<i>Hungary</i>
<i>Bernhard Thosold</i>	<i>Austria</i>
<i>Beatrix Wimmer</i>	<i>Austria</i>
<i>Eugene Kolesnikov</i>	<i>Russia</i>
<i>Zoltan Pinter</i>	<i>Hungary</i>

**From AM to OM**

<i>Marina van Eck</i>	<i>The Netherlands</i>
<i>Barbara Hollander</i>	<i>The Netherlands</i>

**New GPO members**

<i>Izabela Butniewicz Folusiak</i>	<i>Poland</i>	<i>GPO</i>
<i>Jaroslav Kostas</i>	<i>Germany</i>	<i>AMGPO</i>
<i>Ewlna Kwaitkowska</i>	<i>Poland</i>	<i>GPO</i>
<i>Malgorzata Lambert</i>	<i>Poland</i>	<i>GPO</i>
<i>Elzbieta Meliszek</i>	<i>Poland</i>	<i>GPO</i>
<i>Beata Mochnik</i>	<i>Poland</i>	<i>GPO</i>
<i>Gracjana Pawlak</i>	<i>Poland</i>	<i>GPO</i>
<i>Marcin Stach</i>	<i>Poland</i>	<i>GPO</i>
<i>Kamil Torczewski</i>	<i>Poland</i>	<i>GPO</i>
<i>Zofia Zimnoch</i>	<i>Poland</i>	<i>GPO</i>



**Abbreviations explained:**

OM = Ordinary Membership (formerly called full membership)  
 AM = Associate Membership

ASM = Associate Student Membership  
 GPO = Gestalt Practitioner in Organisations

**IMAGES FROM THE GB MEETING IN ZAANDAM [23/35]**

The **General Board Meeting** in March 2017 was held in *Zaandam*, close to Amsterdam in The Netherlands. Here are some photos from that meeting:



Michele



Hotel Zaandam



Helene and Maya

EC and GB members



EC and GB members



Ljiljana and Jan



Sanja and Ien, Imaga



**WE WISH YOU ALL A  
BEAUTIFUL AND RESTFUL  
SUMMER SEASON!**

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#### **Abbreviations in the whole newsletter explained**

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AGM	= Annual General Meeting	NOGT	= National Organizations for Gestalt Therapy
AM	= Associate Member	OM	= Ordinary Member
ASM	= Associate Student Membership	OrM	= Organizational Member
CM	= Cooperative Member	PC&QS	= Professional Competences & Qualitative Standards
EAP	= European Association for Psychotherapy	TI	= Training Institute
EC	= Executive Committee	GT	= Gestalt Therapy
EEC	= EAGT Ethics Committee	NOGT	= National Organization for Gestalt Therapy
GB	= General Board (Executive Committee and Representatives of European NOGT members)	EWAO	= European Wide Accrediting Organization
GPO	= Gestalt Practitioner in Organizations	PBI	= Peace Brigades International
HR&SR	= Human Rights & Social Responsibility	FB	= Facebook
IM	= Individual Member		